






















Your Districts Score Card

Policy Name: Enfield

WellSAT
3.0 Score











WellSAT-
I Score





| Strong Policies and Aligned Practices – District has a strong policy and is fully implementing practices that align with the policy | | | | |
|---|--|---|---|---|
| NE1 |  Does the school district have specific goals for nutrition education designed to promote student wellness? Does this include a standards-based nutrition education curriculum? | 2 | 2 |  |
| SM1 |  Have there been parts of the Healthy Hunger-Free Kids Act (HHFKA) regulations for breakfast or lunch that have been challenging to implement? If yes, are there features of the district's meal program that are not yet in compliance? | 2 | 2 |  |
| NS1 |  Are there any foods that are not part of the school meals (known as competitive foods) that are sold to students during the school day? If yes, how confident are you that all of these items meet Smart Snacks nutrition standards? | 2 | 2 |  |
| NS3 |  Are there competitive foods/beverages sold a la carte in the cafeteria during the school day? If yes, how confident are you that all of these items meet Smart Snacks nutrition standards? | 2 | 2 |  |
| NS4 |  Are there food or beverage vending machines on school property accessible to students during the school day? If yes, how confident are you that all of these items meet Smart Snacks nutrition standards? (Optional follow up questions - Who receives the money from the vending machines? Who is responsible for ensuring all items in the vending machines meet Smart Snacks regulations?) | 2 | 2 |  |
| NS5 |  Are there food or beverages sold in school stores during the school day? If yes, how confident are you that all of these items meet Smart Snacks nutrition standards? (Optional follow up questions - Who receives the money from the school stores? Who is responsible for ensuring all items for ensuring all items in the school stores meet Smart Snacks regulations?) | 2 | 2 |  |
| NS6 |  Are there food or beverage fundraisers that sell items to be consumed during the school day? If yes, who is in charge of approving in-school fundraising activities? How confident are you that the people conducting fundraisers understand Smart Snacks nutrition standards? How confident are you that items sold in fundraisers meet Smart Snacks standards? (Note: Some states have passed regulation permitting exemptions from the federal law prohibiting non-Smart Snack fundraisers during the school day – this is addressed in the next question). | 2 | 2 |  |
| WPM7 |  Is there food or beverage marketing on the school campus during the school day? If yes, do the marketed items meet Smart Snacks criteria? | 2 | 2 |  |
| IEC2 |  Which groups are represented on the district level wellness committee? (check all that apply). Note an individual can represent more than one role. <ul style="list-style-type: none"> • Parents • Students • School Food Authority representative | 2 | 2 |  |

| | | | | |
|--------|---|---|---|---|
| | <ul style="list-style-type: none"> • PE Teacher • School Health Professional (nurse, social worker, school psychologist) • School Board Member • School Administrator • Community member | | | |
| IEC3 |  Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school? If yes, who are those individuals? How do they ensure compliance? | 2 | 2 | ★ |
| IEC4 |  How is the wellness policy made available to the public? Is it available online? How often is the public informed where to find the policy? | 2 | 2 | ★ |
| NE2 | How would you describe the nutrition education you provide? Are didactic methods used to increase student knowledge? Are skills-based, behavior focused, and interactive/participatory methods used to develop student skills? | 2 | 2 | ★ |
| NE3 | Do all elementary school students receive sequential and comprehensive nutrition education? | 2 | 2 | ★ |
| NE4 | Do all middle school students receive sequential and comprehensive nutrition education? | 2 | 2 | ★ |
| NE6 | Is nutrition education integrated into other subjects beyond health education? If yes, what are some examples? [Examples include: using nutrition facts labels to learn percentages; using a vegetable garden to learn plant biology.] | 2 | 2 | ★ |
| SM2 | Does the district offer breakfast? If yes, is breakfast offered every day? Is breakfast offered to all students? [Examples include: breakfast is only offered on testing days; only offered Monday, Wednesday and Friday; only offered in some schools.] | 2 | 2 | ★ |
| NS11 | Addresses nutrition standards for all foods and beverages sold (not served) to students after the school day, including before/after care on school grounds, clubs, and after school programming | 2 | 2 | ★ |
| PEPA1 |  Does the district have a written physical education curriculum that is implemented consistently for every grade? | 2 | 2 | ★ |
| PEPA2 | Does the district have a written physical education curriculum that is aligned with national and/or state standards? | 2 | 2 | ★ |
| PEPA3 | How does your physical education program promote a physically active lifestyle? [Examples include: follows NASPE standards; focuses on self-assessment through a “Fitnessgram” or “Activitygram”; teaches skills needed for lifelong physical fitness.] | 2 | 2 | ★ |
| PEPA13 | Is there daily recess for all grades in elementary school? If no, how many days per week is recess offered, and for which grades? How long is recess when it is offered? Note: Best practices for recess: a) it is at least 20 minutes per day; b) it is supervised by trained teachers or staff encouraging students to be active; and c) students have access to safe and appropriate physical activity equipment. | 2 | 2 | ★ |







| | | | | |
|-------|---|---|---|---|
| WPM6 | Are marketing strategies used to promote healthy food and beverage choices in school? If yes, what foods and beverages are promoted, and how is it done? (Examples of promotion include advertisements, better pricing, and more accessible placement of the healthier items). | 2 | 2 | ★ |
| WPM8 | Is there food or beverage marketing on school property (e.g., signs, scoreboards, or sports equipment)? If yes, do the marketed items meet Smart Snacks criteria? If they do not meet Smart Snacks criteria, will this change when there is a renewal of the sponsorship agreement? | 2 | 2 | ★ |
| WPM9 | Is there food or beverage marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials)? If yes, do the marketed items meet Smart Snacks criteria? | 2 | 2 | ★ |
| WPM10 | Is there food or beverage marketing where food is purchased (e.g., logos on exteriors of vending machines, food or beverage cups or containers, food display racks, coolers, or trash and recycling containers)? If yes, do the marketed items meet Smart Snacks criteria? | 2 | 2 | ★ |
| WPM11 | Is there food or beverage marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system)? If yes, do the marketed items meet Smart Snacks criteria? | 2 | 2 | ★ |

Create Practice Implementation Plan – District has a strong or weak policy, but practice implementation is either absent or limited



| | | | | |
|-------|--|---|---|---|
| IEC5 |  How does the committee assess implementation of the wellness policy? How often does this assessment occur? [Examples of evaluation tools are: the CDC's School Health Index, the Alliance for a Healthier Generation checklist, local or state policy implementation checklists, or the current interview.] | 2 | 1 |  |
| IEC6 |  What is included in the triennial assessment report to the public? Ask to see documentation if available. Note: the requirement is to include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy. | 2 | 1 |  |
| IEC7 |  Has the wellness policy been revised based on the triennial assessment? If yes, what process did the committee use to decide what to revise? | 2 | 1 |  |
| NE5 | Do all high school students receive sequential and comprehensive nutrition education? | 2 | 1 |  |
| PEPA4 | How many minutes per week of PE does each grade in elementary school receive? Note: NASPE recommends that schools provide 150 minutes of instructional PE for elementary school children per week for the entire school year. | 2 | 0 |  |
| PEPA5 | How many minutes per week of PE does each grade in middle school receive? Note: NASPE recommends that schools provide 225 minutes of instructional physical education for middle school students per week for the entire school year. | 2 | 0 |  |
| PEPA6 | How many minutes per week of PE does each grade in high school receive? Note: NASPE recommends that schools provide 225 minutes of instructional | 2 | 0 |  |




| | | | | |
|--------|---|---|---|---|
| | physical education for middle school students per week for the entire school year. | | | |
| PEPA11 |  Are there opportunities for families and community members to engage in physical activity at school? If yes, please describe. How frequently does this occur? | 2 | 1 |  |
| PEPA12 |  Are there opportunities for all students to engage in physical activity before and after school? If yes, please describe. How frequently does this occur? | 2 | 0 |  |

Update Policies – District is fully implementing a practice but there is no or only weak language in the written policy, or the district is partially implementing practices and there is no language in the policy

| | | | | |
|-----|---|---|---|--|
| SM3 |  How does your school ensure that children who are receiving free/reduced meals cannot be identified? How confident are you that it is not possible for the students to identify those who qualify for free or reduced lunch? | 0 | 2 |  |
| SM8 |  Is free (i.e., no cost to students) drinking water available to students during meals (i.e., do not include water for sale). Follow up questions can include: Does the cafeteria have water fountains? Are there a sufficient number of working water fountains? Can students take water back to the table or do they need to drink at the fountain? Do students perceive the water and fountains to be clean and safe? | 0 | 2 |  |
| SM9 |  What is the frequency and amount of training provided to the food and nutrition staff? Does it meet the USDA Professional standards? (see below). | 0 | 2 |  |

Opportunities for Growth – District has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way

| | | | | |
|-----|---|---|---|---|
| NS9 |  How often do food-based celebrations occur during the school day in elementary schools (e.g., birthday parties, holiday parties)? Does the district have nutrition standards (such as Smart Snacks) that regulate what can be served? How are these regulations communicated? How confident are you that the regulations are followed consistently? If food-based celebrations are not permitted, how confident are you that they do not occur? | 1 | 1 |  |
|-----|---|---|---|---|

-  Federal Requirement
-  Farm to School
-  CSPAP
- NE Nutrition Education
- SM Standards for USDA Child Nutrition Programs and School Meals
- NS Nutrition Standards for Competitive and Other Foods and Beverages
- PEPA Physical Education and Physical Activity
- WPM Wellness Promotion and Marketing
- IEC Implementation, Evaluation & Communication